All children from classes 1-13 to be at school at 10:30 (latest), and gather in their own classrooms before they lead onto the field, to be part of the class parade which will be led by a Scottish Pipe Band to open the fair at 11am.

A full program of the events will be handed to you on your arrival at the fair. Set the entire day aside to be entertained with music, movement and mirth.

Press Release

International Acts on our Doorstep!

Comedy hour, featuring well-known comedians Alan Committie and Nik Rabinowitz, is at the top of the list of exciting events planned for the Constantia Waldorf School Fair on 28 March.

Alan Committie is fast becoming known as one of South Africa’s leading comics. He is a character comedian, stand-up comic, actor, director, writer, producer, Master of Ceremony and even a fully qualified high school teacher. He is best known for his comic one man shows: Stressed to Kill, One Man, One Remote!, TV or not TV, The Clown Jewels parts I and II, Titanic on Ice and Dick and Di, and Defending the Caveman.

Nik Rabinowitz shot to fame as the multi-lingual presenter of SABC 1’s Coca-Cola Megamillions Gameshow. His comedy work has included appearances at Vodacom’s Funny Festivals, stand-up gigs in London and at the Edinburgh Festival and three outrageous one man shows: The Life and Times of Klasie Kakpraat, Anyone Seen My Goat? and most recently One Man One Goat.

The day will begin at 11 am with the release of 50 white doves in celebration of 50 years of Waldorf Education in South Africa. One of the highlights of the day will be the announcement of the prize winners for the incredible items on our raffle list including a limited edition Beezy Bailey silkskreen print valued at R5000, as well as a cricket bat signed by the entire South African cricket team.

Dance events include a performance by the Oriental Dance Theatre Palace of the Winds, an east Yugoslavian dance group led by Ajsa Samia. Growing up in the Eastern Yugoslavian town of Pirot, Ajsa Samia was immersed in oriental, folk and Gypsy music and dance. In September 2004 Ajsa Samia and her family moved to Cape Town. Ajsa Samia has International Oriental Dancing Schools in Cape Town, teaching beginner to professional level in Classical Oriental Belly Dancing, Folk and Gypsy Dancing from various Oriental and Balkan countries, Modern Oriental Dance and Arabic-Flamenco.

Ajsa Samia is a trained medical nurse, and also uses belly dancing in a therapeutic manner, helping people to regain balance, lightness and movement after illness, injury or surgery. She also helps abused women deal with their physical trauma and offer a safe place to work through the pain of their experiences.

Ajsa Samia initiated and organised the International Oriental Dance Festival in South Africa in aid of Saartjie Baartman Centre for Women and Children. She is the creator and founder of Oriental Dance Theatre Palace of the Winds. The dancing theatre is one of most famous Belly Dancing groups in South Africa and abroad!

Other dance events will be an NIA dance demonstration, Gumboot dancing and an Irish dance demonstration.

Winner of the Golden Horn – SAFTA Awards for best music composition for film, Tucan-tucan, will also be performing. Tucan-tucan was a finalist in the International Songwriting competition 2008 with their song Esa Morena. Members Frank and Muriel Marco are parents at the school.

Also performing is Lo Rez, offering a mesmerising combination of musical styles including tango, jazz, funk and electronica. ‘Our approach to Tango Electronico is rooted in Buenos Aires. Lo Rez has an authentic Argentinean flavor, daringly coloured with jazz and funk, which is influenced by our experience of living in Cape Town,’ says Gustavo Fasani, Argentine-born composer, pianist and bandoneon player. Gustavo is also a parent at the school.

There will be many other activities, in addition to this world-class entertainment. Children from the school are putting on musical performances, there is a Wellness Arena, plenty of delicious food will be on sale, and activities for everyone. To put the cherry on the top, there is a Classic Car and Bike Display.

At 5pm, when the fair is over, the evening program will begin - Class 12 will be Auctioning paintings in aid of their trip to Switzerland and Guitarist Miles Sievwright will keep you entertained with his finger tapping guitar technique.
Make sure you purchase a few raffle tickets at the Fair tomorrow. Take a look at the list of prizes which have been so kindly donated to our school for the Fair.

**RAFFLE A**
- Beezy Bailey has donated a Limited Edition Colour Silk Screen valued at R5,000
- Vineyard Hotel – 2 x Breakfast Vouchers, 1 x 1 night’s accommodation for two people
- Grand Daddy Hotel in Long Street – 1 x 1 night’s accommodation in their Penthouse for two people
- Holiday home in Froggy Pond, Simonstown, a few minutes walk from Boulders Beach – a weekend holiday donated by the Hasewinkel family in Class 13
- Kommetjie Beach front holiday House – a weekend holiday donated by Higgo family in Class 13
- A weekend away at any Protea Hotel
- Think Shoes – 1 x R1,000 voucher, 2 x R500 vouchers
- Shoe HQ – 4 x R250 vouchers
- Kirstenbosch Gardens, Garden Entry Tickets & Tickets to the Sunset Concert 5th April
- 3 Autographed copies of ‘Money Alchemy’ by Kiki Theo
- Pesto Princess – 2 Hampers
- Three *20L Syzigium cordatum trees; the common name is the water berry donated by Oliver & Annabelle Ryder
- Bihari Restaurant, Milnerton, 4 x R250 vouchers
- Bhandari’s Restaurant, Dinner for Two
- 5 Double tickets to Sister Breyani at Baxter Theatre
- 5 Double tickets to Coming Home at the Baxter theatre

**RAFFLE B – Wellness raffle**
- Shelley McLaren – 1 x Kinesiology session
- Enchantrix – 1 Hamper
- Michael Heuermann – 3 hours of Life Coaching
- Carmen Mettler – 1 hour of Financial Coaching
- Marc Personal Trainer – 1 x Private Session
- BodyTalk Session For one person and their animal companion
- Home of Health gift voucher (1½ hour facial)
- Karina Anderson, 2x Responsibility Coaching & Mentoring Sessions
- Jen Rousseau, 2x Reflexology sessions

**RAFFLE C**
ONE CRICKET BAT AUTOGRAPHED BY THE ENTIRE PROTEA SOUTH AFRICAN CRICKET TEAM – This was arranged by JP Duminy, our South African Batsman, son of Juanita Bergman (our bookkeeper).
**OUR 50TH ANNIVERSARY YEAR STORY CONTINUES...**

As mentioned in last week’s article, in 1959 almost everything was in place to start the first Waldorf Kindergarten in Cape Town. We still needed a building and we needed the finance. At that time our family lived in a house in Pinelands. My husband Rupert had just built a spacious garage and workshop and we had a well-established little garden with exciting nooks and crannies for children to explore. We offered our garage as the first school building and the Committee found it very acceptable. So it happened that 12 Poplar Way, Pinelands, was the modest place for great beginnings in Africa of a new and little known form of education. The intended opening of a Waldorf Kindergarten was then made known and applications were invited. With the help of the Committee and friends such as Corrie and Joop Huisman (grandfather of Carol Higgo) we began preparations for the grand opening. Rupert, the capable handyman and carpenter used his skills to create a good environment and to make wooden toys. Young Igor Kotzuba painted the room in beautiful colours and we covered the garage door with curtains and carpeted the floor. A lovely atmosphere was created with the right sort of dolls, the wooden toys and other equipment. All was in waiting for the children. The opening of the school on 22 January 1959 was a radiantly happy occasion with a feeling of love and benevolent blessing. Present were pupils, parents, neighbours, friends and members of the Anthroposophical Society. There was an opening address, a short eurythmy performance and a presentation of Little Red Riding Hood. And so our little school started with twelve pupils, soon growing to a maximum of 18. 1959 was a year of many miracles. We knew we had to expand as many parents wanted their children to continue with Waldorf education. Dr Zeylmans, our great supporter in Holland, made it known in Europe that teachers were needed here. Within a few months, we had four Waldorf trained teachers committed to coming, of whom one was Hugh Fynes-Clinton who taught at the school for many years and Heinz Schotte who later founded Michael Oak. Once again we needed a building, this time to house the primary school and we needed the money to buy it.

Lyda Braunlich - First teacher of CWS from 1959 onwards

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**FROM THE OFFICE**

**Fee Statements**

Due to our computer server problems, fee statements for Term 2 will be despatched by the end of next week. Please ensure settlement of outstanding Term 1 fees on or before 31st March 2009. Junita Bergman

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**ACCOMMODATION NEEDED**

A class 10 German girl, Leeuke Wessels is coming to Constantia Waldorf School in the third term this year, from July 2009. she needs a host family who would like to participate in a student exchange program. If interested please contact Sinje Wessels (her sister/ex-exchange student, now in Cape Town), at 0715438633 or 0828502841 or email singewessels@gmail.com

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**WIDER DIMENSIONS OF AGRICULTURE**

The second in a series of 6 workshops offering deeper insights into the Biodynamic Agricultural course will take place on the 4/5 April 09 at Rozendal Farm in Stellenbosch. Members of the training circle will assist participants to explore the underlying philosophy of biodynamic farming by creatively workshoping the lectures in the book – Agriculture – by Rudolf Steiner.

At the Saturday workshop 13h30 – 15h00 Howard Dobson will lecture on The Living Soil with special emphasis on recognizing the importance of animal manure. This will be followed by a demonstration of how to make a cow pat pit.

On Sunday Howard Dobson will continue his lectures on the elements as carriers of the spirit and water as carrier of life forces.

If you are a farmer, gardener or passionate about sustaining the living soil then this workshop is for you!

For details on venue and booking telephone Helen van Zyl 072 470 2124 or email: helen@thealotment
at the start of the 21st century. Archbishop Desmond Tutu will be the patron of Cape Town for their endeavour to show governments that action against climate change is more than a nuisance in many ways. Lice are a part of everyday life and we as a school have to act when they manifest themselves. Here is our lice policy/procedure.

**Lice Alert**

- Periodic inspection will take place at school and any pupil manifesting live lice will be sent home. This is in order to curb the spread of infestation.
- Pupils are to be treated at home and only return to school when the lice are dead, as well as nits & eggs.
- A follow-up inspection will be done at school (in a sensitive manner!)
- An ongoing maintenance programme must be carried out at home, checking for live lice, lice with nits or eggs - all of which must be treated in order to ensure that the outbreak is controlled.

**Notice About Earth Hour:**

Here is a chance to participate and join 1 billion people in more than 1000 cities worldwide in the fight against climate change - an event called Earth Hour 2009. Governments across the world are meeting in Copenhagen in December 2009 to debate and agree on measures to slow down and reverse climate change. The World Wide Fund for Nature (WWF) intends to influence the outcome and course of this International meeting and to position climate change as the biggest threat facing humanity at the start of the 21st century. Archbishop Desmond Tutu will be the patron of Cape Town for Earth Hour 2009. The request is a commitment to switch off all lights on Saturday, 28 March 2009 from 20:30 to 21:30 and to indicate solidarity with the rest of 1 billion people across the world in their endeavour to show governments that action against climate change is called for. An appeal is also made to support this initiative, and to switch off the lights at your home and business as well. Further information is available on www.earthhour.org.za

Enjoy the candles and ambience!

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**CHRISTOF WIECHERT’S VISIT**

We are most privileged to welcome Christof Wiechert, leader of the Pedagogical Section worldwide, to South Africa for nearly 3 weeks in celebration of 50 years of Waldorf Education on this continent. He will be visiting schools around the country and conclude his visit as special guest at the National Teachers’ Conference at Roseway Waldorf School near Durban. Whilst in Cape Town he will be offering two presentations:

**Inner Stability in Unstable Times**

More and more people face the fact that traditions, rules, habits from education, common behaviour, are no longer giving us a shape, a structure for our lives. More and more we face the reality that we have to find new life forms, new orientations in ourselves. If we find the way to this inner well we can live the life that is ours. **Tuesday 31 March 2009; 19.30 – 21.00; 18 Firfield Rd, Plumstead. R20 (R10 for members, students, pensioners)**

**The Structure of the Human Being**

How do we find the archetypes in Waldorf Education? How do we learn to separate what is only tradition from these archetypes? If we renew our education from the source, we must find an answer to this question. **Saturday 4 April 2009; 9h00 – 12h30; 18 Firfield Rd, Plumstead**

This forms part of the series: **Insights into Waldorf Education**

Saturday morning workshops for parents and teachers, with craft, tea and presentation. 9h00 – 12h30. The craft will be Knotting with Michael Barta, long-standing Waldorf teacher. Weaving artistic patterns with natural ropes and string enhances finger dexterity and nurtures the soul. Childcare is available. R60 per morning

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**ORGANIC MARKET NEWS**

The Organic Market welcomes the Dali Lama for the last Market of term 1, next Friday (3rd April), from 11:00 am.